## **Coronavirus Restrictions**

- 1. All players must advise the club if they become infected or have contact with an infected person.
- 2. The club will keep a list of everyone who attends the club, and their contactdetails.
- 3. Any player who comes to the club with a serious cough or fever will be refused entry.
- 4. Social distancing of 1.5m will be maintained as much as practical.
- 5. Players will be reminded to wash or sanitize their hands upon entering the premises.
- 6. Any required cleaning will be done at the end of the night.

While the club attempts to reduce the risk of any person attending its premises catching or spreading Covid-19, there will always be such a risk. Especially for people over 70, people over 65 with a chronic disease, or people living with someone with a chronic illness. You should take this into consideration in your decision to attend the club.

## COVID Safe practices:

- Clean your hands regularly with soap and water or alcohol-based hand sanitiser.
- Cover your nose and mouth with a tissue or bent elbow when coughing or sneezing, dispose of tissues immediately after use and wash your hands or apply hand sanitiser.
- Avoid touching your face, nose and mouth and shaking hands.
- Avoid close contact with anyone who is unwell. Try to stay 1.5 metres away from anyone coughing or sneezing. Stay home if you are unwell.